

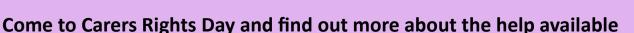
SLINGTON CARERS H

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Do you look after a partner, relative or friend who is disabled, frail, has a mental health condition or substance misuse problem?



Venue: Upper Holloway Baptist Church, Tollington Way, N7 6RG Time: 10.30am – 2pm

Refreshments and FREE LUNCH with other carers

We are running 3 short workshops with guest speakers:

- Welfare Benefits with Islington People's Rights
- Mental Health with the Head of Social Care from Camden & Islington NHS Foundation Trust
 - **Employment Law** with Hodge Jones Alan solicitors

Stalls will also provide you with information about activities and services in Islington.

Get in touch to register your interest by calling 0207 281 3319/0800 085 1141 or emailing info@islingtoncarershub.org