



**Carers
Rights Day
Friday 24th
November
2017**

Do you look after a partner, relative or friend who is disabled, frail, has a mental health condition or substance misuse problem?



Come to Carers Rights Day and find out more about the help available

Venue: Upper Holloway Baptist Church, Tollington Way, N7 6RG

Time: 10.30am – 2pm

Refreshments and **FREE LUNCH** with other carers

We are running 3 short workshops with guest speakers:

- **Welfare Benefits** with Islington People's Rights
- **Mental Health** with the Head of Social Care from Camden & Islington NHS Foundation Trust
- **Employment Law** with Hodge Jones Alan solicitors

Stalls will also provide you with information about activities and services in Islington.

Get in touch to register your interest by calling 0207 281 3319/0800 085 1141 or emailing info@islingtoncarershub.org